

BE POSITIVE

PLAY SPORT. DEVELOP LIFE SKILLS. BE POSITIVE.



BE Positive are running a 10-week personal development programme where you can play sports, take part in competitions, develop your confidence, teamwork, and leadership skills, and go on a trip!

Who is it for? Boys and Girls aged 12 to 16

When is it? Friday 4.30-6.30pm

Where is it? Muath Trust (The Bordesley Centre)

Address: Stratford Rd, Birmingham B11 1AR

Interested?

Get in touch with
Joe or just come
along to a session
Phone: 0121 456 1818
Mobile: 07961 270730
Email: [joe.rose@
sport4life.org.uk](mailto:joe.rose@sport4life.org.uk)

To refer a young person to the
programme visit
www.sport4life.org.uk/referral

www.sport4life.org.uk



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