



Prince's Trust

REFERRING YOUNG PEOPLE TO THE PRINCE'S TRUST ACHIEVE PROGRAMME



Prince's Trust

Achieve



INTRODUCING THE PRINCE'S TRUST ACHIEVE PROGRAMME

The Prince's Trust Achieve programme has a distinct and focussed aim: helping young people to re-engage in education - or improve their engagement - through a personalised support programme. The Achieve programme is run as a club in schools and alternative education settings across the UK.

For young people aged 13 to 16 who cannot access the programme in a school or education setting, we offer the programme as a ten week course delivered by our staff, combining off-site and in-school support. Young people will start with an engaging induction period, move through a structured programme and receive support to move into an educational outcome that is appropriate for the individual.

The programme helps 13 to 16-year-olds to develop the skills and confidence they need to engage and succeed in education, so they can reach their full potential.



WHAT TO EXPECT FROM THE ACHIEVE PROGRAMME

In the induction period, we work collaboratively to determine what the outcome of the programme should be for each young person.

A fun and engaging induction period helps to get young people feeling comfortable and committed to the programme, and ready to participate fully.



INDUCTION:

We recognise that the barriers to education are diverse and that each young person will need personalised support to help them re-engage. In the induction period, we will work with a young person's referral agency or education provider to determine what the outcome of the programme should be for each young person at the very beginning of their journey with us.

Each young person will have a dedicated staff member who works with them while on the programme. This relationship begins in the induction period and carries on throughout the rest of the programme.

THIS MEANS THAT:

- The re-engagement support each young person receives is personalised for them based on what issues they face, how they were referred, what support is available to them and what their end goal is
- Clear goals for the young person are decided and agreed upon by all parties at the beginning
- Our induction period encourages young people to actively participate in the programme and take responsibility for their own development. By involving young people in shaping their own journey through the Achieve programme, they are more likely to feel committed and engaged throughout the programme.



THE TEN WEEK ACHIEVE PROGRAMME

Over a ten week course delivered in a Prince's Trust centre, young people access a varied alternative curriculum that helps them to develop personal, social and life skills.

Achieve delivery staff use effective, established youth work models to support the development of effective behaviours and learning. The programme is delivered by trained and experienced staff, working at a high staff to learner ratio.

The Achieve programme is delivered through a combination of group activities and one to one support. Each young person will receive a total of approximately 85 engagement hours over the ten week period.

include sessions like sport, drama, cooking or technology.

ONE TO ONE SUPPORT: Young people will also have one to one support from their dedicated Programme Executive. They will work together on setting and achieving goals, reflecting on their own progress, applying their learning beyond the programme and developing strategies that will help them re-engage in education.

GROUP ACTIVITY: In a group activity, young people will develop key skills through engaging sessions on a wide range of topics. Group activities might

THIS MEANS THAT:

- Referral agencies have a clear point of contact and the young person feels supported throughout their whole time on the programme
- A positive relationship with a specific staff member allows young people to reach their full potential
- The programme provides young people with practical tools and ways
- of thinking to help them manage their feelings and take responsibility for their interpersonal relationships, beyond the end of the programme
- Our high staff to young person ratio means that young people get high levels of personal support throughout and individuals can be supported effectively.

RE-ENGAGEMENT SUPPORT



In weeks 7 to 10 of the programme, we will work collaboratively with the young person, referral agency and education partner, with a focus on supporting each young person back into a positive outcome.

In this phase of the programme, we will provide one to one support to help young people meet the re-engagement goals they set out in the induction, and further embed learning and personal development. We will also work with the young person's education provider or referrer to plan their re-engagement.

THIS MEANS THAT:

- All parties work together, using their different areas of expertise to support each young person into the desired outcome
- The young person has the continuity of a sustained relationship with someone they already know and trust
- A young person's development does not stop when the programme does, as the tools and skills they have learned can be applied in an education environment.

HOW WILL WE WORK WITH YOU?



WE WILL:

- Provide a member of staff to manage referrals, ensuring each young person is fully supported onto the programme
- Work collaboratively with you and other agencies, supporting each young person to re-engage in education
- Provide updates on the attendance and progress of each young person on the programme.

WHAT DO YOU NEED TO DO?

- Complete the referral process at least 2 weeks before the programme start date
- Work with us to identify a desired outcome for each young person you refer
- Provide a pastoral contact for each young person, who will meet with our staff and the young person throughout the programme to support goal setting and a transition back into education
- Provide us with relevant information about each young person you refer.

HAMELDON COMMUNITY COLLEGE CASE STUDY

We were aware of the positive impact that The Trust's other programmes have had on young lives, including former students of our school. We decided to refer young people to The Prince's Trust Fairbridge Under 16 programme (now part of Achieve) because we valued the opportunity to access external support for a younger cohort. We wanted to give young people the skills to re-engage with school and achieve their goals in their final years of compulsory education.

I referred young people who were still in education, but disengaged. They displayed negative behaviour and low attendance levels and were at high risk of permanent exclusion. When I first met these young people, they didn't have a positive outlook towards education and their future.

Referring young people to The Trust was a very positive experience. I was given a clear outline of the programme beforehand and the school received ongoing updates



throughout the programme on the young people's progress as well as follow-on discussions about the impact the programme was having.

Young people took part in activities where they developed key skills. Just being given the opportunity to be part of The Trust made them feel more positive about themselves and confident about completing key tasks in school and in their future lives. The young people would never have had the opportunity to take part in the type of activities that the programme was offering if it hadn't been for The Trust.

The Achieve programme will bring more opportunities to support our young people and reduce their risk of disengagement or exclusion by taking part in activities that they would not otherwise be able to access.

I would encourage anyone thinking about referring a young person to Achieve to do so, as I have seen the impact that The Trust can have on the lives of young people.

Richard Burbery
Assistant Headteacher – Inclusion
Hameldon Community College,
Burnley



**I DIDN'T THINK I'D EVER HAVE
A FUTURE WORTH LOOKING FORWARD
TO, BUT NOW I DO.**

– SHARON

FOR MORE INFORMATION, PLEASE CONTACT:



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