

NITROUS OXIDE

IT'S ILLEGAL -

to give away or sell nitrous oxide
cannisters for human consumption. You
could face **7 YEARS** in prison!

IT'S HARMFUL -

Drug driving is illegal. If caught, you
can receive a **heavy fine, prison
sentence** or even a **driving ban**.

It's no laughing matter

*For help and more information:
Search West Midlands Police
drug taking or scan the QR code*



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POLICE



NITROUS OXIDE

IS IT WORTH IT?

Inhaling nitrous oxide straight from the canister is **very dangerous** and can irritate the parts of your body that help you breathe well. This can lead to **dizziness, fainting and accidents.**

IT'S SERIOUS -

Use of nitrous oxide can cause **heart attacks** and irregular heartbeats. Regular use can cause long-term **nerve damage** and **anaemia** (low iron).

It's no laughing matter

*For help and more information:
Search Talk to Frank NOS or
scan the QR code*



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