

ACHIEVE PROGRAMME IN YOUR SCHOOL OR CENTRE



INTRODUCING THE PRINCE'S TRUST ACHIEVE PROGRAMME

The Prince's Trust Achieve programme helps 11 to 19 year-olds develop the skills and confidence they need to reach their goals, through relevant, engaging and informal learning. Education should prepare young people for the future they want, however, many experience challenges with attendance, attainment and motivation, putting them at risk of underachieving or exclusion.

The Achieve programme is designed to help young people re-engage with education and support them to achieve their full potential.

Through Achieve, young people will improve:

- → Attainment: reaching educational goals and working towards The Prince's Trust Personal Development and Employability Skills (PDE) qualification
- Attendance: becoming motivated again and attending regularly
- Personal and social development: building confidence, teamwork skills and developing character

Engagement: developing an improved attitude to learning and raising aspirations

Achieve is a flexible programme that young people can access in schools or FE colleges or in outside the mainstream settings such as PRUs, YOIs or youth services. It is also available for delivery by colleges and other FE providers as NEET prevention, either as a part-time study programme or as an element of a full-time study programme.

We work in partnership with around 500 schools and centres each year, supporting around 10,000 young people.

FOREWORD BRINGING ACHIEVEMENT TO LIFE



We needed a programme that could nurture and offer that extra little bit of support to prepare a cohort of young people for the world of work.

We explored a number of different opportunities, but it really was The Prince's Trust that seemed to capture all we were looking for and much more. We were able to construct a tailored programme within the Achieve club framework, selecting units and criteria that met both our pupils' requirements and our own timetable restraints. We wanted our pupils to do this, but not at the expense of their GCSEs – we needed the programme to be flexible, and it was!

Our pupils completed a structured timetable of employability sessions. They learnt how to write CVs, practiced interview techniques, completed applications and explored many different career paths, but they were also rewarded with some amazing life experiences along the way.

The club got involved with Army development days, Rugby Sevens tournaments and team-building events. For their Enterprise Project, pupils planned, organised and successfully completed a charity car wash. They even gave a carol singing performance in a local residential home. It was stunning to observe these young people really pushing themselves far outside their comfort zones.

Considering everything they've achieved, it's no wonder so many of them had the skills and qualities to impress prospective employers with their CVs and confidence at interview. The Prince's Trust programme gave our pupils substantial and vivid experiences that they otherwise would never have experienced. We can now offer something a little bit different to young people who need it and it's worked phenomenally.

Mr Joshua Mangas

Raising Aspirations, Attainment & Careers Director Walkden High School

THE NEED



- → Educational underachievement and the attainment gap are critical issues across the UK
- → In 2015/16 only 43% of disadvantaged pupils achieved A*-C GCSEs in English and Maths compared to 70% of all other pupils. This is a 27-point attainment gap
- Disadvantaged young people are more than twice as likely as their peers to be persistently absent
- → Employers are unsatisfied with school leavers' character skills, and there is an urgent need for educational underachievers to access the appropriate support in order to reach their potential in further education and the jobs market

In addition to supporting young people to succeed, here are some of the other ways Achieve can benefit schools and alternative education providers:

- → Achieve can help you demonstrate that you are providing a broad and balanced curriculum for all pupils and are supporting the personal and skills development of all
- → You can use Pupil Premium funding to cover the internal running costs of Achieve, providing a programme to help disadvantaged young people to improve their confidence and aspirations
- Achieve provides an earlier intervention to keep young people engaged in education, help them adjust to secondary school and reduce permanent exclusions
- → With embedded Literacy, Language and Numeracy content, Achieve can be a stepping stone for young people to perform better in English and Maths
- → Achieve can be part of addressing the attainment gap because it supports those most in need, helping them to engage in education and raise their aspirations through employability content

OUR APPROACH: FOUR PRINCIPLES FOR SUCCESS

The Prince's Trust Achieve programme is uniquely designed to help young people aged 11 to 19 to re-engage with education, using a flexible, modular structure to improve young people's attendance, behaviour and attainment.

ACHIEVEMENT

- Opportunity to undertake a robust qualification in Personal Development and Employability Skills (PDE)
- → Embedded Literacy, Language and Numeracy and STEM support
- Emphasis on careers and preparation for work, with support for young people looking at next steps
- Progression opportunities onto other Prince's Trust programmes post-16

SUPPORT

- → Safe, informal environment to build positive relationships
- Comprehensive session plans and resources and bank of resources for every part of the Achieve curriculum
- → Training to deliver the programme and PDE qualification
- Support from a Programme Executive and our Qualifications team

The Achieve programme uses four principles to ensure success, both for the young people it supports and your staff delivering the programme.

PERSONAL DEVELOPMENT

- → A wide-ranging and engaging curriculum
- → Holistic, relevant curriculum
- Developing personal and interpersonal skills
- Young people empowered to make decisions and lead activities

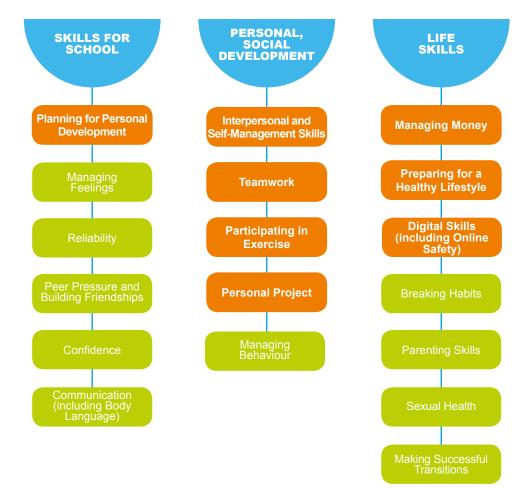
FLEXIBILITY

- → Suitable for multiple educational settings and delivery models
- Tailored curriculum relevant to needs
- A wide range of topics from which you can
 pick and choose.
- → Can be adapted to meet the needs of different age groups from Year 7 up to FE

Statistics from Department for Education, Revised GCSE and equivalent results in England, 2015 to 2016 (January 2017) and Department for Education, Pupil absence in schools in England: autumn 2015 and spring 2016 (October 2016).

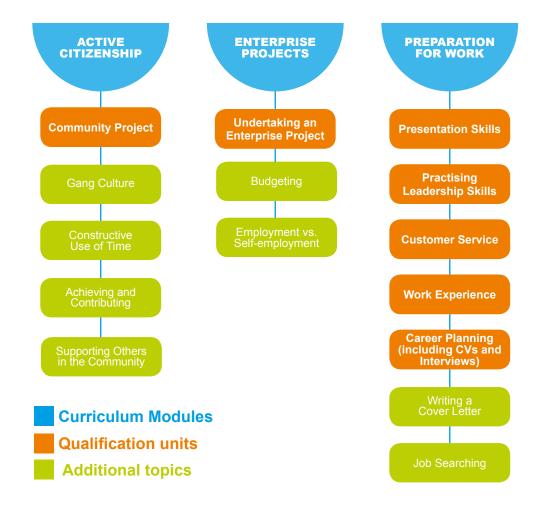
WHAT SKILLS AND QUALIFICATIONS WILL YOUNG PEOPLE GAIN?

The Achieve programme curriculum promotes a flexible approach, using relevant, experiential learning to support young people to achieve a range of personal and employability skills and gain qualifications.



HOW IT WORKS

The staff running the programme can choose a combination of individual units from across these six modules, picking and choosing relevant content for their specific group of young people. The units in green contribute evidence to help young people achieve the PDE qualification. Young people can achieve an Award-sized qualification by completing only two or three of these units, and a larger qualification if you have more time. The 'Additional topics' below do not contribute directly to the qualification, but they could be used to generate evidence for other areas of the qualification and they cover important skills that young people need. All the units can be delivered using resources available from the online Learning Hub, including session plans with STEM, literacy and numeracy opportunities embedded throughout.



LITERACY, LANGUAGE, NUMERACY AND STEM

PRINCE'S TRUST PERSONAL DEVELOPMENT AND EMPLOYABILITY SKILLS (PDE) QUALIFICATION

PERSONAL DEVELOPMENT AND EMPLOYABILITY SKILLS QUALIFICATION

The Prince's Trust is a recognised awarding body in England, Wales, Northern Ireland and Scotland, approved by the relevant authorities and regulators to develop and award qualifications.

The Prince's Trust offers young people the opportunity to achieve a qualification in Personal Development and Employability Skills (PDE) whilst participating in the Achieve programme. The qualification has been developed to recognise the skills and knowledge young people will develop by offering a variety of units linked to the programme. The PDE qualifications are flexible and can be delivered in a variety of settings and tailored to meet the needs of the young people.

The qualifications recognise a breadth of personal skills, qualities and attitudes valued by employers across a range of sectors, giving the learners the opportunity to:

- → Develop their own personal growth and engagement in learning
- Engage in learning that is relevant to them and support their development of personal skills and attributes that are essential for employment and working life
- → Prepare themselves for progression into further education programmes, apprenticeships or other work-based learning
- Develop their literacy, language and numeracy skills

How it works:

Through the Achieve programme, young people will produce a portfolio of evidence to show that they have met the assessment criteria for the PDE qualification.

Your staff will be supported by their Prince's Trust contact and other experienced schools in the network to review this work before it's submitted for external verifications. Available at different levels (Entry Level 3, Level 1, Level 2) and sizes (Award, Certificate, Diploma), the PDE qualifications are an achievable goal for all young people to add weight to their learning on the programme.



THE QUALIFICATION HAS GIVEN OUR YOUNG PEOPLE THE OPPORTUNITY TO DEVELOP VALUABLE EMPLOYABILITY SKILLS.

- JULIE SIMPSON HEAD OF VOCATIONAL EDUCATION ST. PAUL'S HIGH SCHOOL

WHAT WILL BE THE IMPACT ON YOUNG PEOPLE?

The Prince's Trust Achieve programme seeks to have a positive impact on four challenges that young people may be facing in mainstream or alternative education:

Attainment: young people unlikely to achieve or having failed to achieve five GCSEs at A*-C Attendance:
young people who
face challenges with
attendance, or are
choosing to miss
lessons

Engagement:
young people with
behavioural issues
that could lead to risk of
exclusion or hindering
their progress in
education

Developing
personal
and social skills:
young people lacking
the skills, attitudes or
appropriate personal
and social networks
to engage in
education

PROVEN RESULTS

In 2015/16, we supported 9,170 young people to improve their engagement with learning through clubs in their education setting:

77% improved their communication skills

72% said the programme increased their education or training opportunities

86% would recommend the programme to 96% improved in at least one soft skill

WHAT ARE THE BENEFITS OF WORKING WITH US?

OUR SUCCESS STORIES



We will support you with:

- → A dedicated member of staff to help every step of the way
- Support and guidance to help you deliver the programme and the PDE qualification
- → Training, resources and session plans on our online portal
- Added value partnerships including access to our network of corporate partners and engaging enrichment workshops
- Networking and development opportunities for your staff

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IF THE PRINCE'S TRUST WAS NOT AROUND, I WOULDN'T BE IN SCHOOL.

- YEAR 10 PARTICIPANT

ALFIE

With a history of difficulties in school, including poor attendance, low attainment and low motivation, Alfie, 16, always felt he was struggling. Then within three years he tragically lost both of his parents and school became a safe and familiar place for him.

He joined the Achieve programme and found a mode of learning that accommodated his difficulties and promoted his progress. His attendance was boosted to 99% and he gained a Level 2 Award. Alfie went on to complete a successful work experience and was offered paid part-time work.

The confidence he gained motivated him to apply for an apprenticeship. He feels positive about his future, actively pursuing employment and training opportunities.

Following his success on the course, Alfie has been invited back to the school to motivate and encourage younger pupils.

FIND OUT MORE

If you are interested in running the Achieve programme in your school or centre, please contact:

achieve@princes-trust.org.uk



JOINING THE PRINCE'S TRUST PROGRAMME WAS A TURNING POINT FOR ME. FOR THE FIRST TIME IN MY LIFE I HAVE AMBITIONS.







ABOUT THE PRINCE'S TRUST

The Prince's Trust supports 11 to 30 year-olds who are unemployed and those struggling at school and at risk of exclusion. Our programmes give young people the practical and financial support they need to stabilise their lives. We help develop key skills, confidence and motivation, enabling young people to move into work, education or training.



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